



कुल मुद्रित पृष्ठों की संख्या /Total No. of printed pages: 04

परमाणु ऊर्जा शिक्षण संस्था

Atomic Energy Education Society

कार्यपत्रक / Worksheet (2025-26)

कक्षा /Class: VII

विषय/Subject: ENGLISH

माह/ Month: August

अंक/Marks: 40

दिए गए पाठ्यक्रम/Portion covered: Animals, Birds, and Dr. Dolittle

छात्र का नाम: /Name of the student: _____

अनुक्रमांक /Roll No. _____ कक्षा/अनुभाग Class /Sec.: _____ दिनांक /Date: _____

SECTION-A (READING-10 Marks)

1. Read the following passage carefully and answer the questions given below:

It is important that you recognize the signs of stress in your behaviour, and be healthy enough to enjoy your success. Stress can strike anytime, in a fashion that may leave you unaware of its presence in your life. While a certain amount of pressure is necessary for performance, it is important to be able to recognize your individual threshold. For instance, some individuals accept competition healthily. Others collapse into weeping wrecks before an exam or compare mark sheets and find that their mates have scored better.

Whenever there is a change in the external environment such as temperature, pollutants, humidity, and working conditions, it leads to stress. In these days of competition, when a person makes up his mind to surpass what others have achieved, leading to an imbalance between demands and resources causes psycho-social stress. It is a part and parcel of everyday life.

Stress has a different meaning depending on the stage of life you're in. The loss of a toy or a reprimand from the parents might create a stress shock in a child. An adolescent who fails an examination may feel as if

everything has been lost and life has no further meaning. In an adult, the loss of a companion, job, or professional failure may appear as if there is nothing more to be achieved.

Stress can be seen in the attitude and behaviour of the individual, such as muscle tension in various parts of the body, palpitation and high blood pressure, indigestion and hyperacidity, and ultimately in self-destructive behaviour such as eating and drinking too much, smoking excessively, relying on tranquillizers, trembling, shaking, nervous blinking, dryness of throat and mouth and difficulty in swallowing. The professional under stress behaves as if he is a perfectionist followed by depression, lethargy, and weakness for further work. Periodic mood shifts also indicate the stress status of students, executives, and professionals.

Questions:

(2x5=10 Marks)

- (i) How do individuals handle the competition?
- (ii) How does the external environment cause stress?
- (iii) Does the age of a person have any impact on stress levels?
- (iv) Find words from the passage which mean:
 - a. contaminant
 - b. sedative
- (v) Make sentences: a. surpass b. reprimand

SECTION-B (WRITING)-(10 Marks)

2. Your school is organising a “Book Fair.” Write a notice providing all necessary details. You are Shivam/Siya of Raman International School, New Delhi. (50 words) (4 Marks)

3. Write a story with the help of outlines given below:

Two friends ----- a bear after them-----one climbs a tree-----the other can't -----he lies on ground with bated breath-----the bear smells him and leaves -----the first friend asks -----what the bear did-----the reply :you have a false friend.(100-120 words)
(6 marks)

SECTION -C (GRAMMAR)-(7 Marks)

4.The following passage has not been edited. There is one error in each line. Write the incorrect word and the correct word as given in the example. (1/2x4=2 marks)

	Error	Correction
Gaurav and Ankur were twin brother.	Ex: brother	brothers
They both study in class ninth.	a)_____	_____
Their school is closed	b)_____	_____
for a summer vacation.	c)_____	_____
They were very excitement because	d)_____	_____
they were going with their parents		
on a long holiday.		

5.Do as directed: (3 Marks)

i) noon, cloud, chair, glass (Identify the palindrome) (1 mark)

ii)a) _____(write one open compound word) (1x2=2 Marks)

b) _____(write one closed compound word)

6.Rearrange the jumbled words and make meaningful sentences.
(1x2=2 marks)

a) the brave/admired/everywhere/are

b) by/the door/whom/opened/was?

SECTION -D(LITERATURE)-(13 marks)

7. Read the following extract and answer the questions that follows.
(1x5=5 Marks)

Do you see now the way he's twitching up one side of his nose? "What's the at mean? "asked the Doctor.

"That means , 'Can't you see that it has stopped raining?" Polynesia answered. "He is asking you a question. Dogs nearly always use their noses for asking questions."

a) The dog is asking question through his _____.
(teeth/eyes/nose/words)

b) Animals use special language to express themselves. (True/False)

c) **What's** is the contraction of (what has/what is/whose/none of these)

d) Why is the dog twitching up one side of his nose?

e) Name the author of the lesson.

8. Answer the following Questions.(Any two) (30-40 words)
(2x2=4 marks)

a) How did Polynesia help Dr. Dolittle to become an animal doctor?

b) How did Dr. Dolittle cure the plough horse?

c) How did he become a famous animal doctor all over the world?

9. Answer the following Questions. (50-60 words) (1x4=4 marks)

If someone told you to learn animal language, being a veterinary doctor, would you like to learn it? Why or why not?

OR

What underlying message or theme bout the human-animal relationship is conveyed through Doctor Dolittle's transformation?

_____X_____